

IMPORTANT INSTRUCTIONS FOR GENERAL ANESTHESIA + IV SEDATION PATIENTS

Please carefully read and follow these instructions.

PLEASE NOTE THAT WE ARE A SCENT FREE OFFICE

1. Medical Form

If you were asked to obtain a medical, this form must be completed in full by your physician. Please forward your medical to our office as soon as it is completed, so that our doctors can review it before surgery. (fax to 780-482-0560) Your physical exam, if required, must be performed within 90 days of your scheduled appointment date.

2. Pre-operative Instructions

You must not eat or drink anything after midnight the evening prior to your appointment unless you have been given specific alternate instructions by our clinic. Medication can be taken with a sip of water at regularly scheduled times. Avoid alcoholic beverages 24 hours prior to your surgery and for 24 hours after. Refrain from smoking prior to anesthesia.

3. Responsible Adult

A responsible adult must accompany you the day of surgery. If you are under 18 years of age, a parent or guardian must accompany you to provide consent. A responsible adult must also accompany you home and remain with you for 24 hours after surgery. Under no circumstances may a patient operate a motor vehicle or machinery for 24 hours following a general anesthetic or sedation.

4. Clothing

For your comfort and safety we recommend that you wear loose, comfortable clothing. Female patients should wear slacks. Do not wear contact lenses. All patients should visit the washroom immediately prior to anesthesia.

5. Changes to Appointment

You may reschedule or cancel your treatment appointment at any time up to 2 business days prior to the appointment time. Changes or cancellations after this time will be subject to a \$300.00 rescheduling fee unless a medical certificate or letter stating the extenuating circumstances is presented.

6. Documentation/ Fees*

We must have the following documentation on the day of surgery:

- a valid Alberta Personal Health Care Card
- your completed and signed medical form that has previously been sent to our office previously

***FEES MUST BE PAID ON THE DAY OF SURGERY. Debit and all major credit cards are accepted. Please note we do not accept personal cheques.**

FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN CANCELLATION OF YOUR SURGERY

By abiding by these guidelines we are able to provide you the highest quality of service and safest care possible.

Thank you for helping us help you!

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