

DENTAL SERVICE GROUP

APPOINTMENT INSTRUCTIONS

Changes to Appointment

You may reschedule or cancel your treatment appointment at any time up to 2 business days prior to the appointment time. Changes or cancellations after this time will be subject to a rescheduling fee unless a medical certificate or letter stating the extenuating circumstances is presented.

Clothing

For your comfort and safety, we recommend that you wear loose, comfortable clothing. Female patients should wear pants. Do not wear contact lenses, flip flops or sandals to your surgery.

Pre-operative Instructions

- **The patient cannot have anything to eat or drink past midnight**
 - **water/apple juice is allowed between midnight and 4 hours BEFORE the appointment**
- **Please arrive 20 minutes early to your appointment**
- Medication instructions will be given to you once the pre-operative medical form has been reviewed by our anesthesiologist
- Avoid alcoholic beverages 24 hours prior to your surgery and for 24 hours after
- Refrain from smoking prior to anesthesia
- We will require the patient's Provincial Health Care number. Without it, we cannot see them for their appointment
- A responsible adult must accompany the patient to the office, remain in the office during the procedure, and stay with Iona for the first 24 hours after the procedure. If the patient is under 18 years of age, a parent or guardian must accompany them to provide consent.
- If the patient has a cold/flu, sore throat, an upset stomach or bowels, please notify the office immediately

Day of Surgery

- Payment in full is required at on the day of your appointment
- We have free patient parking behind our building. To get to the back of the building, you will turn east onto 109 Ave until you see the alleyway on the right. The parking lot will be on your right-hand side.
- only the patient and one escort are allowed in the building at this time